

Safe & Effective Opioid Use						
Measure	Stage 0 (0 pt.) <i>Getting started</i>	Stage 1 (1 pt.) <i>Basic management</i>	Stage 2 (2 pts.) <i>Hospital wide standards</i>	Stage 3 (3 pts.) <i>Integration &amp; innovation</i>	Stage 4 (4 pts.) <i>Practice Improvement</i>	Stage 5 (5 pts.) <i>Sustainability</i>
<p><b>Alternatives to Opioids for Pain Management</b></p> <p>Use an evidence based, multi-modal, non-opioid approach to analgesia for patients with acute and chronic pain.</p> <p>Guidelines should address the following:</p> <ul style="list-style-type: none"> <li>Utilize non-opioid approaches as first line therapy for pain while recognizing it is not the solution to all pain</li> <li>Provide pharmacologic alternatives (e.g., NSAIDs, Tylenol, Toradol, Lidocaine patches, muscle relaxant medication, Ketamine, medications for neuropathic pain, nerve blocks, etc.)</li> <li>Offer non-pharmacologic alternatives (e.g., TENS, comfort pack, heating pad, visit from spiritual care, physical therapy, virtual reality pain management, acupuncture, chiropractic medicine, guided relaxation, music therapy, aromatherapy, etc.)</li> <li>Provide care guidelines for common acute diagnoses e.g., pain associated with headache, lumbar radiculopathy, musculoskeletal pain, renal colic, and fracture/dislocation (<a href="#">ALTO Protocol</a>)</li> <li>Opioid use history (e.g., naïve versus tolerant)</li> <li>Patient and family engagement (e.g., discuss realistic pain management goals, addiction potential, and other evidence-based pain management strategies that could be used in the hospital or at home)</li> </ul>	<p>Your hospital <b>does not</b> have a standardized approach to providing alternatives to opioids for pain management</p>	<p>Developed and implemented a non-opioid analgesic multi-modal pain management guidelines in the <b>Emergency Department OR 1 Inpatient Unit</b> (e.g., Burn Care, General Medicine, General Surgery, Behavioral Health, OB, Cardiology, etc.)</p>	<p>Developed and implemented a non-opioid analgesic multi-modal pain management guidelines in the <b>Emergency Department AND 1 Inpatient Unit</b> (e.g., Burn Care, General Medicine, General Surgery, Behavioral Health, OB, Cardiology, etc.)</p> <p>Hospital offers at least at least <b>1 non-pharmacologic alternative</b> for pain management</p>	<p>Developed <b>supportive pathways</b> that promote a team-based approach to identifying opioid alternatives (e.g., integrated pharmacy, physical therapy, family medicine, psychiatry, pain management, shared decision making with patient and family, etc.)</p> <p><b>Aligned standard order sets</b> with non-opioid analgesic, multi-modal pain management program (e.g., changes to EHR order sets, set order favorites by provider, etc.)</p>	<p>Your hospital is actively <b>measuring and developing strategies to improve</b> use of opioid alternatives for pain management</p>	<p>Hospital has <b>achieved its performance target</b> on related key performance indicators, with sustained performance over a 12-month period</p> <p>Hospital continues to <b>monitor performance but</b> implementing strategies to ensure alternatives to opioids for pain management are provided is no longer an active QI initiative</p> <p><b>Great job!</b></p>