PowerNote Template – AutoText Name: (.dmsmh)

* Last three A1C Results with dates
* Goal below \_\_\_\_\_\_\_\_
* Last Lipid Panel with date
* Goal < 100 mg/dL
* Last three blood pressures with dates
* Goal < 140/90
* BMI
* Goal < 30
* Tobacco HX
* Goal: Tobacco Free
* Home Glucose Testing Frequency Advised:
  + At least every AM; every 2-4 hours when ill; and with concerns for low or high glucose
    - Goals for fasting glucose: 60-140
    - Goals for Non-fasting glucose: Below 180, 2 hours after meals
* Recommended Frequency of Labs
  + A1C every 3 months or every 6 months of A1C is at goal
  + Lipid panel: At diagnosis, at initiation of lipid, and 4-12 weeks after lipid initiation or change in dose
  + Albumin-Creatinine Ratio & eGFR : At diagnosis and at least annually
* Diabetic foot exams with each visit
* Dilated eye exam to be done annually by qualified optometrist or ophthalmologist
* Telemedicine nutritional consultation may be utilized per patient preference