



**Origination:** 3/28/2019  
**Effective:** 3/28/2019  
**Last Approved:** 3/28/2019  
**Last Revised:** 3/28/2019  
**Next Review:** 3/27/2020  
**Owner:** *Kathy Tangedal: RN/Director of Quality*  
**Policy Area:** *Rural Health Clinic*  
**References:**

## Diabetes Management

### PURPOSE:

- To provide diabetic management to the patients served in the community providing better outcomes.

### RESPONSIBILITIES:

- Sheridan Memorial Rural Health Clinic Providers
- Sheridan Memorial Rural Health Clinic Nursing staff

### DEFINITIONS:

- Estimated glomerular Filtration Rate (eGFR): is a number based on the blood test for creatinine, a waste product in the blood; tells how well the kidneys are working
- American Diabetes Association (ADA)
- Angiotensin-converting-enzyme (ACE): is a pharmaceutical drug used primarily for the treatment of hypertension and congestive heart failure that widen, or dilate, the blood vessels.
- Angiotensin II receptor blocker (ARB): is used to treat conditions such as hypertension and heart failure
- Diabetes Mellitus (DM)
- Atherosclerotic Cardiovascular Disease (ASCVD)
- (A1C): a minor component of hemoglobin to which glucose is bound; a blood test that reflects average blood glucose levels over the past 3 months.
- B12: blood levels need to be monitored as diabetic patients taking Metformin are more prone to B12 deficiency
- Liver Function Tests (LFT's)

### POLICY:

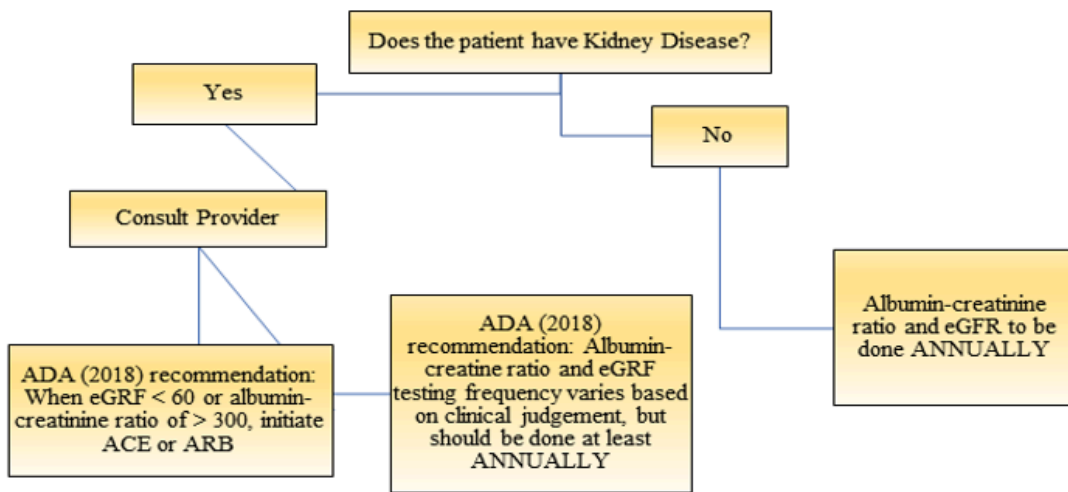
It is the policy of Sheridan Memorial Hospital Association (SMHA) to provide Diabetic services through the Rural Health Clinic (RHC) which are developed from ADA Standards of Medical Care in Diabetes-Abridged for Primary Care Providers.

### PROCEDURE:

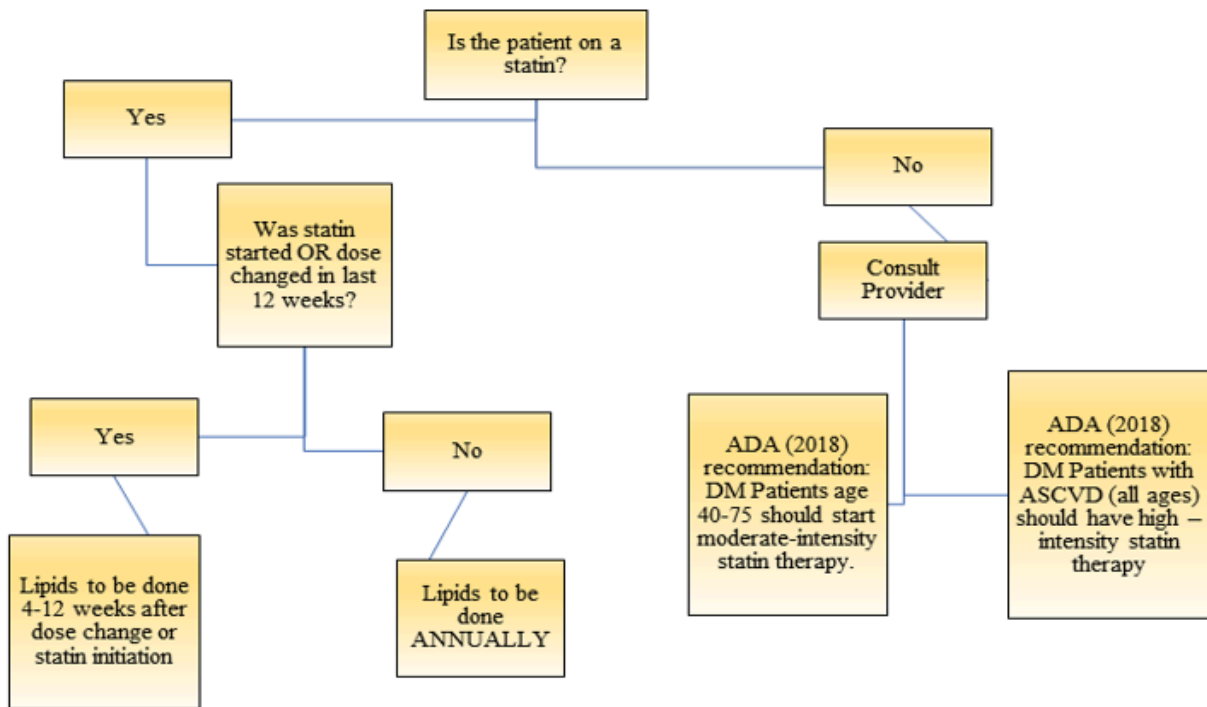
- I. Nursing staff and healthcare providers will use as guidelines, the algorithms below, when providing care to patients with Diabetes Mellitus.

II. Provider orders will be entered/initiated in the Electronic Health Record accordingly by the providers and/or nursing staff.

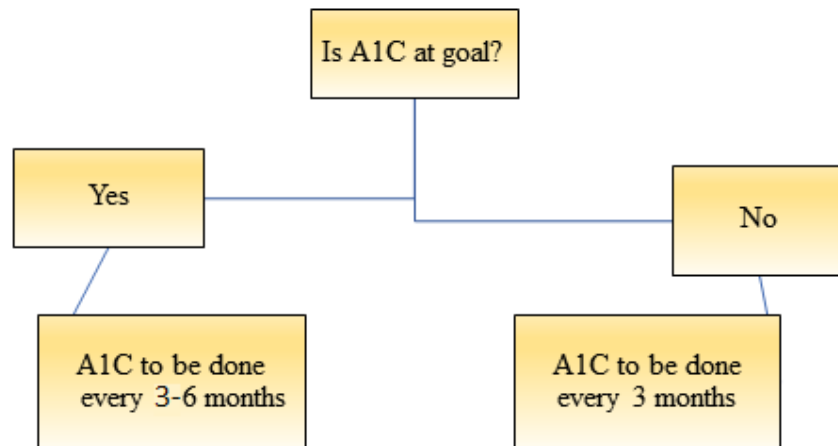
### Albumin-Creatinine Ratio & eGFR



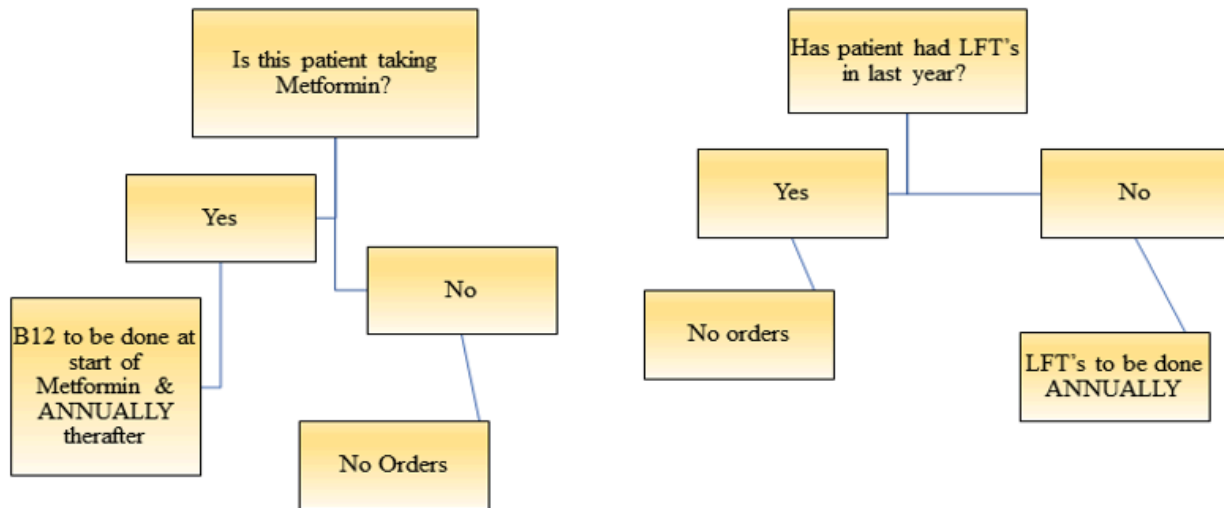
### Lipids



## A1C



## B12 & LFT's



All revision dates:

3/28/2019

## Attachments:

### Approval Signatures

Approver	Date
Kathy Tangedal: RN/Director of Quality	3/28/2019
Laura Rusbult: HIM/Privacy Officer	2/26/2019
Don Helland: MD	2/10/2019
Greg Maurer: CEO	2/6/2019
Carlos Trevino: MD/Medical Director	1/24/2019

<b>Approver</b>	<b>Date</b>
Jen Hoversland: FNP	1/22/2019
Kathy Tangedal: RN/Director of Quality	1/18/2019
Pamela Simonson: RN	1/18/2019
Kathy Tangedal: RN/Director of Quality	1/17/2019

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