

HOURLY ROUNDING

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AIM AND BACKGROUND

- Reduce falls to less than 0.5% per 1000 patient days with the use of hourly rounding within 6 months.
- Falls are one of the major patient safety events in our hospital. With a proactive approach and the buy in of staff will work to decrease falls with anticipation of resident / patient needs

Measures

- Goal: Total falls < 0.1% with fall with injury 0%
- Hourly round on patients / residents

Interventions

- *Original PDSA cycle was to round on every patient every hour and use the 5 p (positioning, pain, potty, personal items, protection) & a Q*
 - *The last thing before leaving room is to ask if there is anything else that I can do for you.*
- *The first iteration of project was given a 7 day period with feedback from staff gathered daily.*
 - *At the end of 7 days it was determined that the more independent of our patients / residents did not want to be bothered hourly*
 - *Based on this information it was then determined that 10 of our patients that were immobile and / or incontinent would be our focus.*

Interventions

- *2nd iteration*
 - *Staff rounded hourly on 10 residents in facility working to anticipate needs prior to high fall risk patient / resident taking self to bathroom and falling.*
 - *This was given a 7 day run with feedback being gathered at day 4 and 7*
 - *Staff felt like this was doable and noted that it was easier to plan day when taking care of residents on a scheduled basis instead of answering call lights*
- *The last changes that were made in project was the creation and revision of sign off sheets for the hourly rounding.*
- *The final decision was to have sign off sheet behind resident door instead of at desk as many times the sheet at desk was signed at end of shift.*

Reflections

- The more that staff members are involved in a change with a voice the more successful a change is.
- Staff acceptance of idea and continuing adoption of idea after first couple of cycles were completed
- Communication with staff
 - Ensuring that everyone knew the reason for the change
 - Using all suggestions in how to make idea a success
 - Establishing the boundaries that this was going to be done... but staff could have major impact on how it was going to be done

Next Steps

- Sustaining this through new staff and travelers has been challenging
 - Checklist monitoring and discussions at staff meeting have had limited success
- Plan is to continue providing education
- Share data results
- Reward success