

5P'S

PROACTIVE PATIENT ROUNDING



A Winning Strategy

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Objectives

- Discuss what is Proactive Patient Rounding and the 5P's
- Discuss benefits of Proactive Patient Rounding for patients and staff
- List the 5 P's during rounding
- Results at Westmead Hospital

BACKGROUND

Of 5P'S Proactive Patient Rounding



Are You Being Interrupted by buzzers?





I haven't seen a nurse in two hours.....and need to go to the bathroom

Using The Past to Enhance The Future



What is 5p's Proactive Patient Rounding?

**“IT IS AN EVIDENCE BASED
MODEL OF CARE
THAT PROMOTES A
SYSTEMATIC AND PROACTIVE
APPROACH TO PATIENT CARE”**





Prevent Falls

**Check
the**

5

P's

 **Pain**

“Are you in pain?”
“Do you need pain medication?”

 **Positio**

Turn and position patient for comfort.

 **Personal Care/Toileting**

“Do you need to use the bathroom?”

 **Proximity**

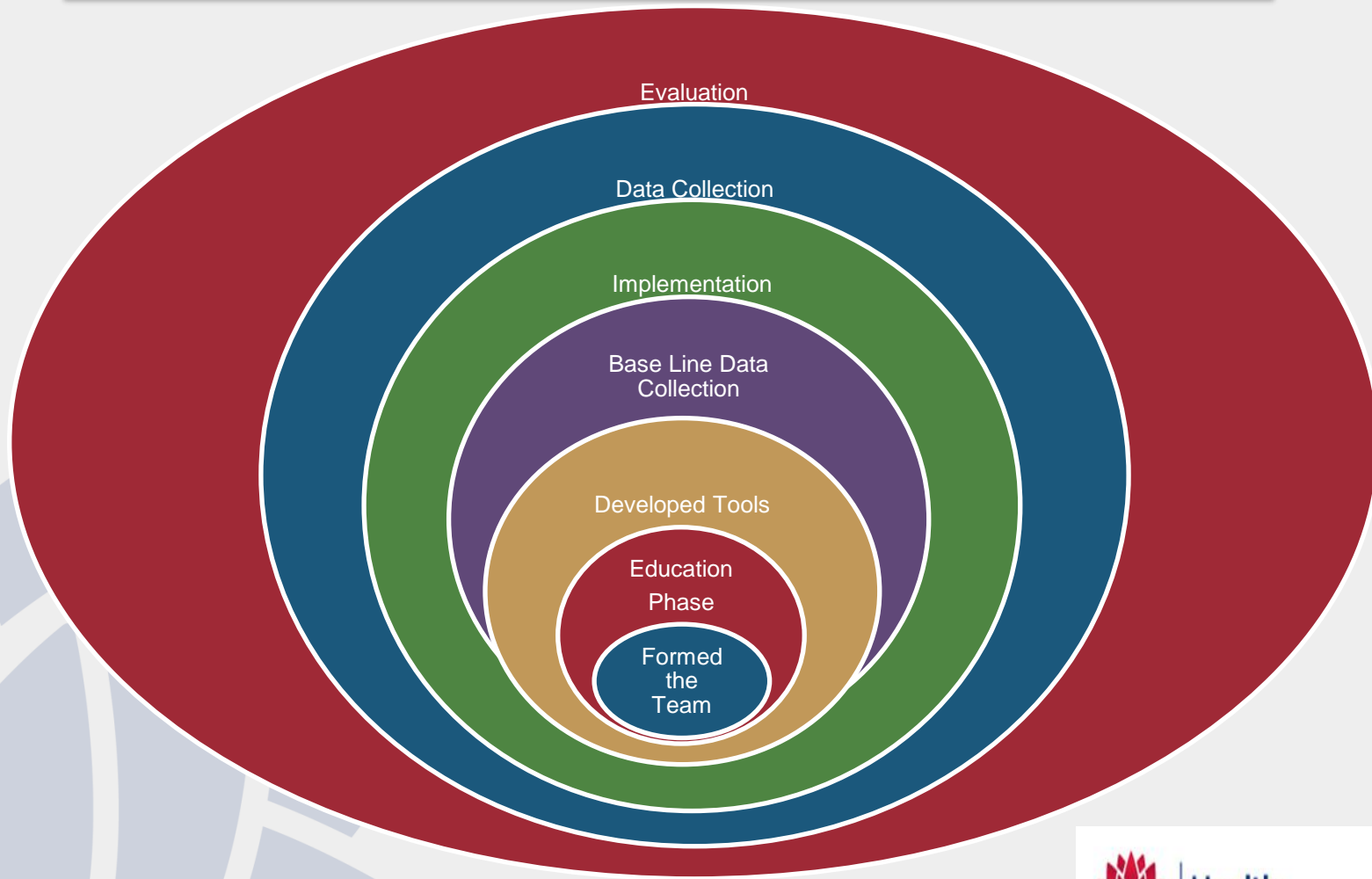
Pull within arm's reach personal belongings and items (call light, telephone, urinal).

 **Plug-ins**

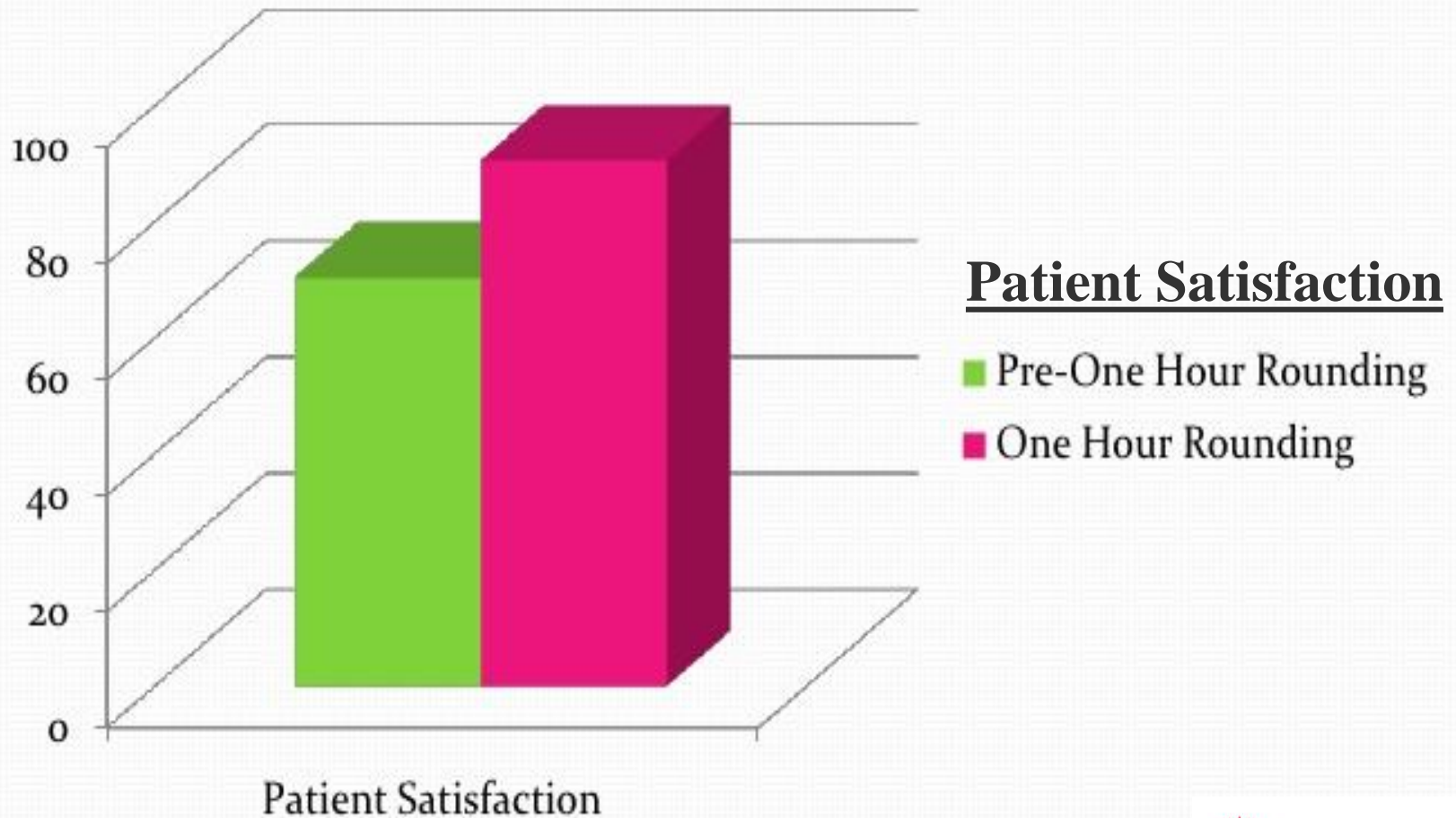
Ensure all electrical equipment is plugged in.
Limit clutter of medical equipment

Best practice shows that using the 5 P's when performing hourly rounds reduce patient falls, pressure ulcers and increase patient satisfaction.

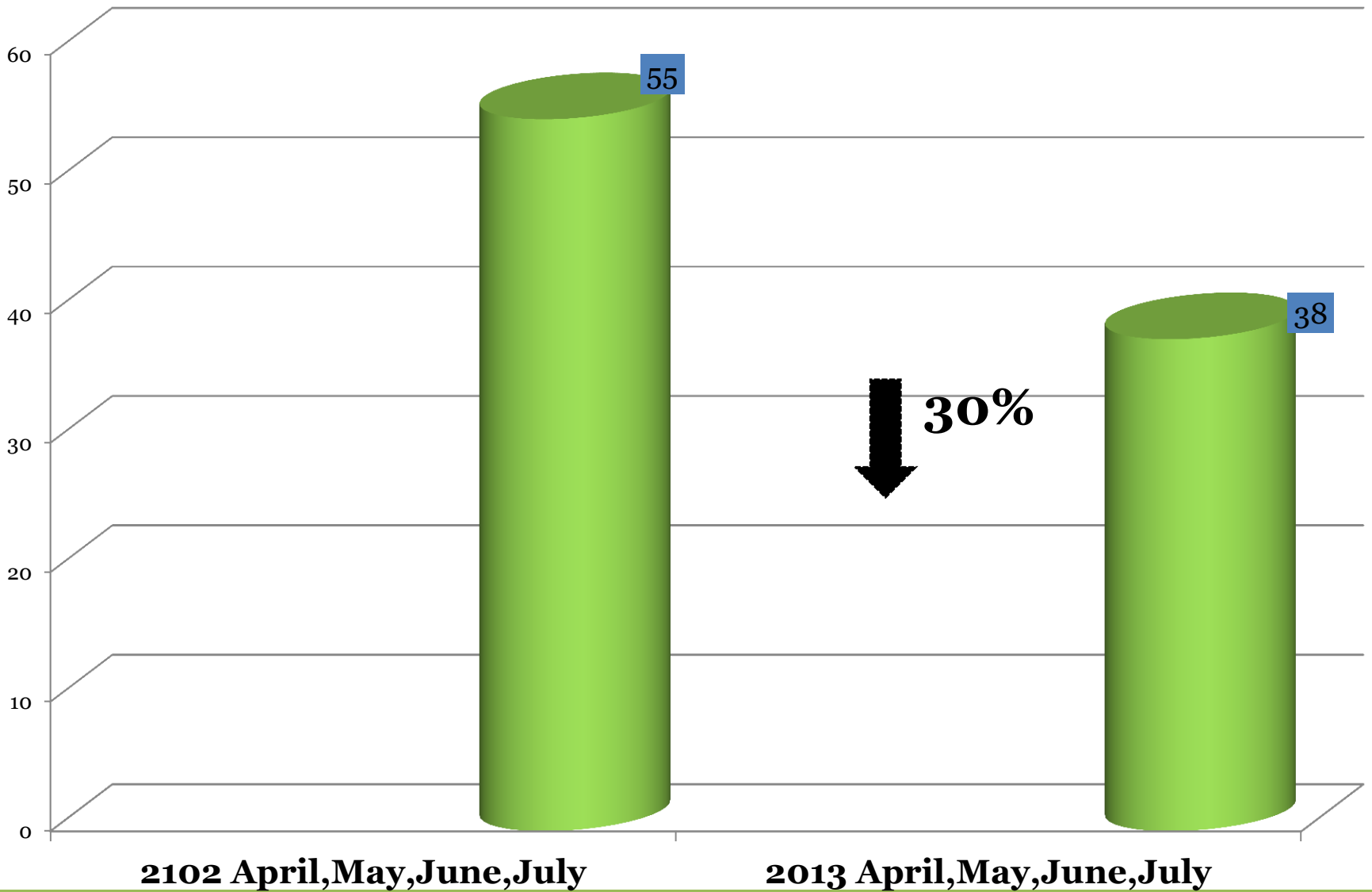
Westmead's Implementation of 5p's



RESULTS



Falls Data



Call Light Audit

- Pre- Implementation
12-15 calls Per patient, Per shift
- Post 5p'sImplementation
Decrease to 2-4 calls Per patient, Per shift

call light use 66%



Patient Feedback

I feel safer and more secure.



I can reach everything I need.



The nurses demonstrate “Caring behaviours and quality interactions”



I know my nurse will come back and check on me



Health
Western Sydney
Local Health District

Take Away Message

Too often we underestimate the power of a
Touch, a smile, a kind word
A listening ear, an honest compliment Or the
smallest act of caring,
All of which have enormous impact
patients we care for.....

