



Big Horn Hospital Association Outpatient Surgery After Care Instructions

Diet

1. Normal diet as tolerated
2. Drink plenty of water while taking pain medication to avoid constipation.

Activity

Wound Dressing

Symptoms to watch for and report to your Physician:

1. Incision: Redness around, increased heat, or increased drainage.
2. Swelling [excessive] and pain that your pain medication is unable to control.
3. Bleeding
4. Fever over 101 degrees

Other _____

Medications

Follow – up appointment _____

If you have any questions or problem, please notify your physician at the :

Hardin Clinic – 665 - 2205

Big Horn County Memorial Hospital – 665 – 2310

I have received a copy of these instructions.

_____ Patient

_____ Nurse

Date _____